

May Menu – Urbandale Senior Recreation Center

MON	TUES	THUR
5/1/2017	5/2/2017	5/4/2017
#1 Pepperoni Pizza #2 Cheese Quesadilla	#1 Turkey Sub #2 Ham & Cheese lil' bites	#1 Cheeseburger #2 Chicken Nuggets
Lettuce Salad Mixed Fruit	Peas Oranges Corn Chips	Mashed Potatoes Granny Smith Apples Pie
5/8/2017	5/9/2017	5/11/2017
#1 Meatball Sub #2 Grilled Cheese Sandwich	#1 Cheese French Bread Pizza #2 Fish Sandwich	#1 Beef Taco #2 Nacho Lil' Bites
Corn Gala Apple	Mixed Greens Apricots	Fiesta Black Beans Cinnamon Applesauce Banana Bread Pie
5/15/2017	5/16/2017	5/18/2017
#1 Fiestada Pizza #2 Chef's Choice	#1 Chicken Nuggets #2 Chef's Choice	#1 Sweet & Sour Chicken #2 Chef's Choice
Refried Beans Pineapple Rings	AuGratin Potatoes Granny Smith Apples	Steamed Brown Rice Broccoli Cuts Mandarin Oranges Pie
5/22/2017	5/23/2017	5/25/2017
#1 Cheese Pizza	#1 Hamburger	#1 Cheese Stuffed Breadstick
Mixed Greens Strawberry Applesauce	Baked Beans Assorted Apples	Green Beans Diced Pears Pie
5/29/2017	5/30/2017	
MEMORIAL DAY HOLIDAY Center Closed	Chicken Fajita Quesadilla Refried Beans Cinnamon Applesauce	

June Menu – Urbandale Senior Recreation Center

		THUR
		6/1/2017
		Turkey Gravy over mashed potatoes
		Diced Peaches Dinner Roll Pie
6/5/2017	6/6/2017	6/8/2017
Fish Nuggets	Walking Tacos	Orange Chicken
Corn Orange Wedges	Refried Beans Strawberry Applesauce	Steamed Rice Stir fry Vegetables Pineapple Rings Pie
6/12/2017	6/13/2017	6/15/2017
Macaroni & Cheese	Pepperoni Pizza	Shepards Pie
Mixed Vegetables Banana	Romaine Salad Mixed Fruit	Granny Smith Apple Dinner Roll Pie
6/19/2017	6/20/2017	6/22/2017
BBQ Pulled Pork	Cavetelli	Fillet o' Fish Sandwich
Coleslaw Baked Beans	Lettuce Salad Watermelon Breadsticks	Fries Canteloupe Pie
6/26/2017	6/27/2017	6/29/2017
Meatball Sub Corn Apple	Cheesy Vegetable Soup Ham Sandwich Chips	Turkey Pepperoni Lil Bites Lettuce Salad Pie